



# Exemplary attention that restores health through the transitions of **CARE**

Navigating the healthcare system is no easy task – and  
Nationwide Healthcare Services decided to do something about it!



## MEET

### **ALISON GOODING, RN**

*Transition of Care Navigator at our Delaware Centers*

Alison guides you and your family members, providing you with the tools needed for a more active role in your care and recovery. This assures an effective flow of information between you, the hospital, your doctors, the skilled nursing facility, and the post-discharge, community healthcare providers.

Alison can be reached at

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## OUR TRANSITION OF CARE NAVIGATOR OFFERS:

- Personalized and direct communication with one point of contact
- Interdisciplinary team coordination of risk-specific interventions for safe transitions
- Resident-centered discharge planning and readiness
- Clear and concise understanding of discharge process and explanation of all arrangements and follow-up appointments
- Reduction of unnecessary re-hospitalization
- Improved quality outcomes
- Calls and/or visits to the resident to ensure a successful transition after discharge from the facility



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